

## **SCHEDULE**



### Wednesday, February 22<sup>th</sup>, 2023

Registration deadline – all registrations must be received by **NOON** 

### Friday, February 24th 2023

11:30 am - 12:00 pm Fee Payment in Main Foyer

12:00 pm - 1:00 pmMedical (Skin Check) and Weigh-in

Located in room 181 (black box)

Note: Any wrestler failing to make weight may move up to the next category. A fee of \$10

will be charged.

12:00 pm - 1:30 pm Lunch will be served to athletes and coaches

in the main cafeteria.

3:00 pm – 3:50 pm **Coaches meeting** – Music Room 178

This is a mandatory meeting for all

#### coaches

4:00 pm - 4:40 pm Opening Ceremonies in Main Gym RM 160

4:40 pm - 5:00 pm Warm-up

5:00 pm - 9:00 pm Wrestling Preliminary round

Last match will be called approx 8:50pm

Complete Preliminary Pound

# Saturday, February 25th 2023

9.00 a.m 12.00 pm	Complete Freiininary Round
12:00 pm - 12:30 pm	Semifinal cross-overs
12:30 pm - 1:00 pm	Lunch Break
1:00 pm - 1:20 pm	5 <sup>th</sup> /6 <sup>th</sup> 7 <sup>th</sup> /8 <sup>th</sup> cross-over matches
1:20 pm – 1:40 pm	Bronze medal matches
1:40 pm – 2:00 pm	Introduction to Finalists
2:00 pm - 3:00 pm	Gold medal matches

3:00 pm - 3:45 pm Medal Presentations & Team Awards

Presentations will proceed at the conclusion of all Gold matches.

Pictures for the individual & team winners will be taken at the Podium.

