



ASAA Cheerleading Provincial Championships

APRIL 8 & 9, 2022

Edmonton, AB

Hosted By



**HARRY AINLAY
SCHOOL**

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COMPETITION INFORMATION

Alberta Schools' Athletic Association

www.asaa.ca

Provincial Cheerleading Championship Website

<https://www.asaa.ca/championships/list/cheerleading>

Contact Information

Meghan Staub, Chair
780-413-2700 ext. 2001
meghan.staub@epsb.ca

Competition Location

Harry Ainlay High School
4350 111 St NW
Edmonton, AB T6J 1E8
780-413-2700
<https://harryainlay.epsb.ca/>

ACCOMMODATIONS

For Coaches and Athletes Only

Ramada Edmonton South

5359 Calgary Trail NW, Edmonton AB, T6H 5C3

(780) 434-3431

March 24 Cut Off

Block Code: ASAA Cheerleading Provincials

Sawridge Edmonton South

4235 Gateway Blvd NW, Edmonton AB, T6J 5H2

(780) 438-1222

April 1 Cut Off

Block Code: ASAA Cheerleading Provincials

SCHEDULE OF EVENTS

Thursday, April 7, 2022

5:00 - 7:00 PM

** Thursday's events are not mandatory**

Practice Times

10 min - Stretch

10 min - Warm Up

10 min - Competition Floor

- This will be the athletes' only time to use the competition floor
- Teams traveling the furthest will be given priority
- Teams may request a time however, all bookings will be made back to back
- The times will be allotted in 10 min intervals (6:10, 6:20, 6:30 etc)
- The deadline to book is **Monday, April 4**, teams must book in advance
- Booking requests are to be sent to Meghan Staub at meghan.staub@epsb.ca

Friday, April 8, 2022

4:45 PM - 8:40 PM

*** All times are subject to change, please follow the schedule posted with the Order of Performance on the ASAA host website ***

Competition Day 1

- | | |
|---------|---|
| 4:45 pm | Team Registration
<i>* Please do not show up prior to this time as you will not be permitted entry. There will be no one present to check in your team</i> |
| 5:30 pm | Doors to the gym open for spectators
<i>* Please inform your spectators not to show up prior to this time as they will not be permitted entry.</i> |
| 5:30 pm | Coaches Meeting - Staff Dining Room (660) |
| 5:50 pm | Captains Meeting - Staff Dining Room (660) |
| 6:00 pm | Warm Up Begins |
| 6:10 pm | Competition Welcome |
| 6:25 pm | Competition Begins |
| 8:40 pm | Competition Ends |

Saturday, April 9, 2022

1:00 PM - 5:30 PM

*** All times are subject to change, please follow the schedule posted with the Order of Performance on the ASAA host website ***

Competition Day 2

1:00 pm	Team Registration
1:20 pm	Doors to the gym open for spectators
2:00 pm	Warm Up Begins
2:20 pm	Competition Day 2 Opening Remarks
2:25 am	Competition Begins
4:35 pm	Competition Ends
4:50 pm	Awards Ceremony
5:30 pm	All spectators and teams must be out of their assigned baggage storage area and the school

REGISTRATION

The registration deadline is 12:00 PM on Friday, April 1, 2022

Registration must be completed on the ASAA Championship Website:

<https://www.asaa.ca/championships/list/cheerleading>

If you have any questions about the registration process, please contact:

Program Coordinator
Alberta Schools' Athletic Association
Ph: 780-427-8182
Email: info@asaa.ca

Fees

Entry Fee : \$275.00 / team

Loonie Fee : \$1 / athlete

According to ASAA Policy (page 44):

“Pay it Forward Loonie Fee: : Each provincial championship will charge an additional \$1 for each participating student and will remit those funds to the ASAA office after the championship. 100% of funds will be directed into an ASAA scholarship fund to recognize student athletes who give back to their communities by either coaching or officiating in school or community sport.

Credit or Debit:

Payments can be taken over the phone

780-413-2700

Ask to speak with Renee Brodeur or Meghan Staub

A combined cheque of all fees should be made payable to:

Harry Ainlay High School

Memo: ASAA Cheer Provincials 2022

Cheques can be sent to:

** If you are part of Edmonton Public, you can forward your payment via truck mail **

Attn: Meghan Staub

Harry Ainlay High School

4350 111 Street NW

Edmonton, AB T6J 1E8

COACHES INFORMATION

COACHES AND CAPTAINS MEETING

Coaches Meeting

Friday, April 8, 2022

5:30 PM in the Staff Dining Room (660)

Captains Meeting

(a designated athlete who has been selected by their coach to represent their team)

Friday, April 8, 2022

5:50 PM in the Staff Dining Room (660)

As per the ASAA Official Handbook:

“Any team that attends provincials as the zone/regional representatives and fails to attend or send a team representative to the mandatory coaches meeting will be fined a fee of \$250 for failing to send a representative to the coaches meeting. This fee will be collected by the ASAA office and split between the host of the championship and the ASAA; the latter of which will be earmarked for the ASAA subsidy account to help offset costs to ASAA provincial hosts. The executive will have the sole discretion to waive the penalty based on the rationale provided by the school for failure to attend coaches meetings.”

MAT TIMES

Teams will have five minutes for photos, five minutes on two strips of mat upstairs in the mezzanine (teams may stunt up here if needed), five minutes on two strips of mat and five minutes on a full floor (seven strips of mat). The length that teams will have before they compete will be dependent on the timing of the competition but will be approximately five minutes. This will give teams time for water, mental preparation, team rituals etc.

COMPETITION FLOOR

A 42' by 42' (seven mats), non-sprung competition floor will be provided for all teams.

ORDER OF PERFORMANCE

The order of performance for Friday & Saturday will be posted on the ASAA website by April 1st. The order of performance will be reversed for Saturday's competition.

MUSIC

Reminder: New iphones require the headphone to lightning adapter. Coaches are responsible for providing their own adapter.

Competition Floor: An auxiliary cord will be supplied to play all music from personal devices. It is important that the device you are using is in airplane mode and the volume is turned up completely. A designated person must be present to play your music as you see fit. The DJ and MC will not be responsible for playing music.

Warm Up Floor: An auxiliary cord and speakers will be provided on the 7 mat warm up floor.

SCORE CHECK AND SCORE SHEETS

Score Check will be following Alberta Cheerleading Association's policies. Scores and comments will be available for coaches shortly after competing at Score Check. The Cheer Genie App will NOT be used for this competition. All comparative results will be available through the Google Drive created by the Alberta Cheerleading Association. Score sheets will be available for pick up at the end of the event from the judges.

ATHLETE BAG STORAGE

All teams will have an assigned classroom to store their belongings. Please do not bring valuables as Harry Ainlay is not responsible for lost, damaged or stolen items. These rooms will not be locked during the competition. We ask that all athletes and coaches respect the classrooms and the belongings found in the room. It is expected that the room will be left the way it was found. We appreciate your cooperation in this matter.

TEAM PHOTOS

Team photos will be taken on Friday and will be included in your mat time. Action shots and awards will also be photographed. Online access will be available for all pictures taken at the competition. Competition photos will be available through Google Drive.

Team photos will be included in this year's program. We will use the photographs submitted with your online registration. Any team that does not submit a suitable photograph by the April 4th registration deadline will not have a team photo in the program.

TEAM HOSTS

Each team will have an assigned team host to escort them to mat times, photos, ect. Hosts will be able to answer general questions about the competition and assist you if anything arises during the event.

SOCIAL MEDIA

Please take pictures using hashtag #ASAAprovs

ASAA Instagram: @asaaprovs

ASAA Twitter: @ASAA

LIVE STREAMING

The event will be live streamed through the ASAA Youtube channel for free. The link to the channel will be included on the ASAA Provincials website under "watch live".

<https://www.asaa.ca/championships/list/cheerleading>

CHAMPIONSHIP APPAREL

The ASAA is not yet permitting onsite sales for souvenir apparel. Under the apparel tab on the championship website, there will be an order form which can be completed and must be submitted to Elite Promotional Products. Only "Team" orders will be accepted.

JUDGING AND AWARDS

APPEAL COMMITTEE

Appeals can be heard on process only. **The decision of the judges is final.** The committee will consist of three members who are not in a conflict of interest position. Appeals must be directed to ASAA Cheer Commissioner, Holly-Ann Elliott.

ASAA Code of Ethics & Cheerleading Policy

Please refer to the 2021-2022 ASAA Policy Handbook - Code of Ethics (pages 20-25) all coaches, athletes, officials, volunteers and spectators are expected to abide by these policies. This handbook can be found at: www.asaa.ca

RULES & JUDGING

The ASAA follows the 2021-2022 High School Rules as stated by Cheer Canada. Teams will also need to ensure they follow the rules for their specified division: Intermediate, Advanced All Girl, Advanced All Gender and Game Day.

It is the coaches' responsibility to ensure their routine meets the requirements outlined. All rule clarifications must be done in advance according to the clarification policy which can be found at: www.albertacheerleading.ca

No additional safety judges will be present at the competition during mat times.

AWARDS

PROVINCIAL AWARDS

The top three places in each official ASAA category – Intermediate, Advanced All Girl, Advanced All Gender and Game Day will receive medals and a keeper plaque. The first place winner will receive a trophy to keep in their school for one year and will receive a banner and Championship T-shirts from ASAA.

NOVICE AWARD

At the Provincial Competition, a plaque will be given to the best novice team at the competition. Criteria:

- Must be competing in first or second provincial cheerleading competition within the last decade.
- Achieves the highest mark out of the eligible teams in any category

SPORTSMANSHIP AWARDS

Sportsmanship is a truly important aspect of the sport of cheerleading and the ASAA championship. It is defined in Merriam-Webster's dictionary as: "fair play, respect for opponents, and polite behaviour by someone who is competing in a sport or other competition; conduct (as fairness, respect for one's opponent, and graciousness in winning and losing) becoming to one participating in a sport"

We respectfully ask that teams do not make, bring or exchange gifts or other items that could be misconstrued as bribery (ie: handing out candy, passing out spirit sticks etc.). This undermines the essence and integrity of sportsmanship, the sportsmanship award and sportsmanship pins.

One sportsmanship banner will be given to one team at the ASAA Provincial Cheerleading Championship. The team receiving this award will represent the true spirit of sportsmanship, integrity, ethics and fair play.

Each team present at Provincials will be asked to select a team that best exemplifies the qualities of sportsmanship throughout the competition. Coaches will be provided with a ballot that they will complete based on their team's decision. The rationale in having the teams select the award winner is that they interact with one another throughout the two day event and will have the best insight into which teams are truly sportsmanlike.

Teams will vote for one team and the ASAA Commissioner will collect teams' votes on Saturday before the end of the competition. The final decision is at the discretion of the ASAA rep, Committee Chair and ASAA Cheerleading Commissioner. Sportsmanship pins will be given to individuals who exhibit outstanding displays of integrity, fair play and good sportsmanship. These pins may be given to players, coaches, parents and spectators. These individuals should be recognized for bringing positive presence to the championship and demonstrating consistent exemplary sportsmanlike behaviour. Recipients of a sportsmanship pin should show exemplary behaviour.

SPECTATOR INFORMATION

ADMISSION

Tickets will be for sale **ONLINE ONLY** through the following link:
<https://www.showpass.com/asaa-cheerleading-provincial-championships-2022/>

General Admission - \$15.00
Children under 5 - Free

Parking & Drop Off

Spectator Parking

The SW and SE parking lots will be available for spectator parking. Parking is limited and will be first come first serve. (highlighted red on the map below)

Coaches, Advisors and Judges Parking

Coaches and Judges parking is available in the Northeast parking lot (highlighted green on the map below).

Entrances

Entrance 18 - Athletes, Judges, Coaches and Advisors (highlighted green on the map below)
Entrance 6 & 7 - Spectators (highlighted red on the map below)

SPECTATORS

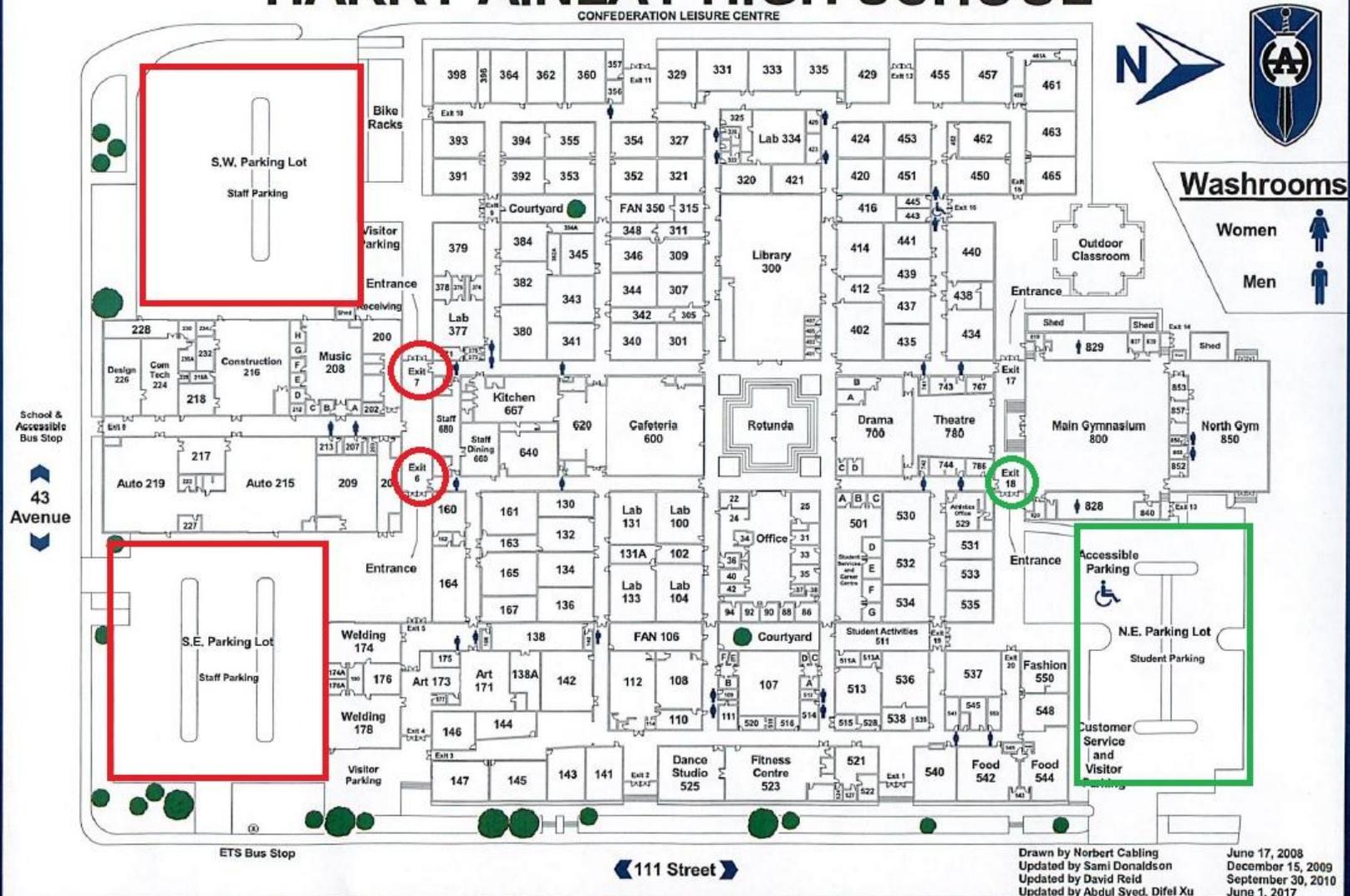
Masks

Masks are not required, but they are recommended.

PARKING MAP

HARRY AINLAY HIGH SCHOOL

CONFEDERATION LEISURE CENTRE



EMERGENCY ACTION PLAN

**In the event that an emergency occurs please contact Meghan Staub (780-667-3051).
Please see below for local school details**

FIRST AID

St John's Ambulance will be on site Friday and Saturday, they will be located in the main gym. The first aid station will not be supplying athletic tape nor will they be taping athletes. Please ensure you are bringing your own supplies. Ice for injuries can be found at the first aid station. In the event that an Epi-Pen is required, they will be available at the first aid station as well as in the main office.

An AED and fire extinguisher can be found on the wall right outside the main gym doors.

EMERGENCY PROTOCOL

- Dial 911
- Give address **HARRY AINLAY HIGH SCHOOL, 4350 111 ST NW, EDMONTON AB, T6J 1E8**
- Explain to dispatch the nature of injury or incident
- Report back to teacher/coach/committee Members
- Meet Ambulance

WHEN AN INJURY OCCURS

1. When coming in contact with the injured student/athlete, take control and assess the situation. Exercise universal precautions related to blood and body fluids.
2. Do NOT move the injured person
3. Send someone to get the onsite First Aid help. They will take charge. In the unlikely event of first aid being unavailable, continue as per 4-10
4. Assess the injury-evaluate the severity of the injury and decide if further assistance is required.
5. If an ambulance is not needed, decide what action is to be taken to remove the injured party for the playing surface.
6. If an ambulance is required-request that another person calls 911. Have them report back to you with an estimated time of arrival and send them to the entrance to wait.
7. Observe the injured party carefully for any change in condition.
8. When the ambulance arrives, describe the incident and what has been done.
9. An adult should be designated to accompany the injured party to the hospital.
10. Contact the parent/guardian of the injured athlete/student.

NEAREST HOSPITAL

*** See attached map on below for directions ***

University of Alberta Hospital

8440 112 Street NW
Edmonton, AB T6G 2B7

FIRE ALARM & EVACUATION PROCEDURES

*** See attached map on below for fire exits ***

- All alarms are to be treated as emergencies. As soon as the alarm sounds, a complete evacuation of the building will commence unless the principal or designate cancels the evacuation using the public address system. Please see the attached map of emergency exits located within Harry Ainlay High School
- All guests within the school will leave in an orderly fashion. Please move to a location well away from the building to the field area behind the school. It is vitally important to keep clear of the doorways and to leave clear access to the building for firemen, police or other emergency personnel. In the event of extreme weather, proceed to the Confederation Leisure Centre beside the school.
- The last person in a room will check to see that everyone has left the room and that the doors have been closed. Do not lock doors and do not switch off the lights.
- When it can be determined that the building is safe to be re-entered, an announcement will indicate the “all clear” for all people to return to the school.
- Please see the attached map for fire exit locations.

LOCKDOWN PROCEDURES

- A lock down may be activated as a result of: a bomb threat, threatening persons, emergency situations
- Persons in the school will attempt to find a safe place (i.e. washroom, storage room, classroom) in which they may remain silent and out of sight.
- Lights should be turned off in the designated area and blinds should be closed.
- Individuals within the school should refrain from using the classroom phone and their personal cell phones.
- When it can be determined that the building is safe, an announcement will indicate the “all clear”.
- If the fire alarm is triggered during a lockdown, do not leave your safe place

NEAREST HOSPITAL DIRECTIONS

Harry Ainlay School

4350 111 St NW, Edmonton, AB T6J 1E8

Continue to 111 St NW

- 54 s (170 m)
↑ 1. Head south toward 43 Ave NW
⚠ Restricted usage road
- 89 m
↶ 2. Turn left onto 43 Ave NW
- 76 m

Drive along 114 St NW N

- 11 min (5.2 km)
↶ 3. Use the left 2 lanes to turn left onto 111 St NW
- 2.3 km
↶ 4. Use any lane to turn left onto 61 Ave NW
- 350 m
- ↑ 5. Continue onto 113 St N
- 1.1 km
- ↑ 6. Continue onto 114 St NW N
- 1.4 km

Drive to your destination

- 48 s (66 m)
↷ 7. Turn right
- 19 m
- ↶ 8. Turn left
- 47 m

University of Alberta Hospital

8440 112 St NW, Edmonton, AB T6G 2B7

