

Site Layout: Map



Course Description: Located in the heart of Enoch Nation, the land of medicine. The course is of easy to medium level with limited elevation gain. The start line is a wide open area that will funnel down to a more narrow trail about 150m beyond the start line. The 1km course runs along the outside perimeter of the old cultural grounds on a flat, grassy lap. The 3km heads out along stunning Yekau lake. The athletes will cross through treed sections, hard sand and grassy areas. There are 4 small rolling hills on the 3km loop and no hills on the 1km loop. Trails are eight to twelve feet in width providing many areas for passing. Running spikes or racing flats are recommended.