

MARCH 8 & 9, 2024 MCNALLY SCHOOL EDMONTON AB

ASAA

WRESTLING
PROVINCIAL
CHAMPIONSHIP



WELCOME TO MCNALLY



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Alberta Schools' Athletic Association	ASAA.ca
ASAA Provincial Championship Website	Provincial Championship Website
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Competition Location	Contact Information
Schedule of Events 2	Dawn-Marie Hunter Sharp, Tournament Chair
Registration 3	c. 780.919.7727 w. 780.469.0442
Accommodations 3	e. dawn-marie.hunter.sharp@epsb.ca
Coaches Information 4	Competition Location
Coaches and Captain Meetings	McNally School
Competition Floor	8440 105 Avenue
Order of Performance	Edmonton, AB, T6A 1B6
Music	780.469.0442
Athlete Bag Storage	mcnally.epsb.ca
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SCHEDULE OF EVENTS

March 8 & 9, 2024

Monday, March 4th, 2024

Registration deadline – all registrations must be received by NOON

Friday, March 8th 2024

- 10:00 am - 11:00 am Registration Check In - [Student Learning Services/Apparel Sales](#)
 - 11:00 am - 12:00 pm Medical (Skin Check) and Weigh-in - [Girls \(North Gym\) Boys \(South Gym\)](#)
 - 11:00 am - 12:30 pm Meal pickup for those that opted into the optional meal - [Outside North Gym](#)
 - 2:00 pm - 2:50 pm Coaches meeting – [Learning Commons mandatory for all coaches](#)
 - 2:30 pm - 3:00 pm Student - Athletes will be organized for their entrance for the opening ceremonies - [North Gym](#)
 - 3:00 pm - 3:20 pm Opening Ceremonies - [South Gym](#)
 - 3:30 pm - 4:00 pm Warm up - [Both Gyms](#)
 - 4:00 pm - 9:00 pm Wrestling Preliminary round
- * Last match will be called approximately 8:40pm**

Saturday, March 9th, 2024

- 8:00 am - 8:30 am Warm up - [Both Gyms](#)
 - 8:30 am - 8:45 am Competition Day 2 Opening Remarks
 - 9:00 am - 12:00 pm Complete Preliminary Round
 - 12:00 pm - 12:30 pm 5th/6th then Crossovers
 - 12:30 pm - 1:00 pm Lunch Break
 - 1:00 pm - 2:00 pm Bronze medal matches
 - 2:00 pm - 2:15 pm Introduction to Finalists
 - 2:15 pm - 3:30 pm Gold medal matches
 - 3:30 pm - 4:30 pm Medal Presentations & Team Awards
- *Presentations will proceed at the conclusion of all Gold matches. Pictures for the individual & team winners - [South Gym](#)**
- Please note: Team Trophy Award winners from 2023-24 must send the plaques to Dawn Hunter Sharp at McNally School - must be received two full weeks prior to the Provincial Championships.*

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REGISTRATION

The registration deadline is 12:00 PM on March 4, 2024

Registration must be completed on the ASAA Championship [Website Link](#)

If you have any questions about the registration process, please contact:

Alberta Schools' Athletic Association
ASAA Contact Title: Assistant Director
ASAA Contact of your Sport: Shelbea MacLennan
ASAA Commissioner of your Sport: Keith Daye
Commissioner Info: c. 403-272-6665 e. kddaye@cbe.ab.ca

Fees

Entry Fee: \$ 40/athlete Meal (Optional): \$7/person Coaches Fee: \$20.00 Loonie Fee: \$1/athlete

According to ASAA Policy (page 44):

"Pay it Forward Loonie Fee: Each provincial championship will charge an additional \$1 for each participating student and will remit those funds to the ASAA office after the championship. 100% of the funds will be directed into an ASAA scholarship fund to recognize student-athletes who give back to their communities by either coaching or officiating in school or community sport.

A combined Zone cheque of all fees should be made payable to: McNally School

Memo: ASAA Wrestling Provincial Championship 2024. Only one entry form per zone will be accepted. Competitors must be placed in the correct weight class and must be listed in order of finish at the qualifying competition for the Provincials (1 to 5). Fills will only be accepted from within the individual zone (Calgary, Rural, Edmonton) that has already registered for and paid for a competitor in that weight class. It is the responsibility of the Rural Provincial Chairperson, the Calgary and Edmonton City Championship Meet Chairpersons to coordinate and submit entries for their respective Zones by the deadline.

Each registered coach will receive a wristband which gives them access to the Coaches & Officials Hospitality Room. This room will be stocked with food and beverages for Friday thru Saturday. Please do not feed athletes or non-registered coaches and support staff from the hospitality room.

Payment for all competitors must be made by Friday March 8th, prior to weigh-in. One Cheque from Each Zone (Calgary, Rurals, and Edmonton) to be accepted. Cheques should be payable to McNally School.

Individuals failing to show: As per ASAA policy, in wrestling, participating schools will submit a cheque for all athletes confirmed by the entry deadline. In the event an athlete(s) fail(s) to show, the offending athlete's school will be penalized an additional \$50 per no show, to a maximum of \$250 per school. The Executive will have the discretion to impose the penalty based on the rationale provided by the school for the late withdrawal. We have had issues with no-shows in the past.

Cheques can be sent to:

McNally School: attention Colleen McLeod
8440 105 Avenue
Edmonton, AB, T6A 1B6

e transfer: mcnally@epsb.ca

COACHES' MEETING

Friday March 8 at 2:00 pm - 2:50 pm – [Learning](#)

[Commons mandatory for all coaches](#)

As per the ASAA Official Handbook:

“Any team that attends provincials as the zone/regional representatives and fails to attend or send a team representative to the mandatory coaches meeting will be fined a fee of \$250 for failing to send a representative to the coaches meeting. This fee will be collected by the ASAA office and split between the host of the championship and the ASAA; the latter of which will be earmarked for the ASAA subsidy account to help offset costs to ASAA provincial hosts. The executive will have the sole discretion to waive the penalty based on the rationale provided by the school for failure to attend coaches meetings.”

SOCIAL MEDIA

Please take pictures using hashtag #ASAAprivs

ASAA Instagram: @asaaprivs

ASAA Twitter: @ASAA

LIVE STREAMING

Each mat will have live streaming running through the event, please check the correct mat number to catch the action you are looking for. Links to each mat can be found on the [Championship Website](#).



CHANGEROOMS

There are no assigned rooms to store belongings. Please do not bring valuables as McNally School will not be responsible for lost, damaged or stolen items. Shower facilities and change rooms (are off the Large Gym) will be available for use. We ask that all athletes and coaches respect the changerooms. It is expected that all spaces will be left the way it was found. We appreciate your cooperation in this matter.

PHOTOS

Action shots and awards will be photographed. Teams will be provided online access to a selection of photos. Additional photos will become available on a website for purchase.

CHAMPIONSHIP APPAREL

McNally School will have ASAA Provincial Championship apparel for purchase on-site. If you are not able to purchase your apparel at the event due to a shortage of stock, you will have the opportunity to make a team order after the event. For more information on how to place a post-event online order see the Championship Website.

An advertisement for ASAA Team Apparel for Wrestling Provincials. At the top left is the ASAA logo. The main header reads "ALBERTA SCHOOLS' ATHLETIC ASSOCIATION TEAM APPAREL WRESTLING PROVINCIALS". Below this, two items are listed: a "RUSSELL HOODIE" for \$60.00 (GST INCLUDED) in "OXFORD" color, and a "JERZEES T-SHIRT" for \$30.00 (GST INCLUDED) in "BLACK HEATHER" color. Images of the hoodie and t-shirt are shown to the right of their respective price tags. Both items feature the ASAA logo on the chest.

Deerfoot INN & CASINO



AWARDS INFORMATION

PROVINCIAL AWARDS

The top three places in each official ASAA category – per weight class and aggregate awards (1A/2A, 3A, and 4A).

SPORTSMANSHIP AWARDS

Sportsmanship is a truly important aspect in the 2024 ASAA Wrestling Provincial Championship. It is defined in Merriam-Webster's dictionary as: "fair play, respect for opponents, and polite behavior by someone who is competing in a sport or other competition; conduct (as fairness, respect for one's opponent, and graciousness in winning and losing) becoming to one participating in a sport"

We respectfully ask that teams do not make, bring or exchange gifts or other items that could be misconstrued as bribery (ie: handing out candy, passing out spirit sticks etc.). This undermines the essence and integrity of sportsmanship, the sportsmanship award and sportsmanship keychains.

Keychains will be presented as sportsmanship awards at the ASAA Wrestling Provincial Championship 2023/24. Nominations can be submitted through google forms - find the QR code on the Setting the Bar posters around the gyms and competitions areas.

Each team present at Provincials will be asked to select a team or athlete that best exemplifies the qualities of sportsmanship throughout the competition. Coaches will be provided with a ballot that they will complete based on their team's decision. The rationale in having the teams select the award winner is that they interact with one another throughout the two day event and will have the best insight into which teams are truly sportsmanlike.

Teams will vote for one team and the ASAA Commissioner will collect teams' votes on Saturday before the end of the competition. The final decision is at the discretion of the ASAA rep, Committee Chair and ASAA Wrestling Commissioner. Sportsmanship keychains will be given to individuals who exhibit outstanding displays of integrity, fair play and good sportsmanship. These keychains may be given to players, coaches, parents and spectators. These individuals should be recognized for bringing positive presence to the championship and demonstrating consistent exemplary sportsmanlike behavior. Recipients of a sportsmanship keychains should show exemplary behavior.

For Individual Sportsmanship keychain awards, nominations will be collected through an online form. To nominate an athlete, official, or fan from another school scan the QR code that will be posted around the event as well as on the [ASAA Championship Website](#) and fill out an evaluation on how this individual "Sets the Bar" for others including what set them apart. Nominators must be from a different school than the nominee, and must have at least 2 of the criteria indicated in the nomination form to be considered. Recipients should be those who raise the standard and set the bar for others to strive for in terms of sportsmanlike and positive sporting behavior.

Have you seen someone "Setting the Bar"?

Scan the QR code below to nominate an official, athlete, coach/manager, or fan **from another school** for a **Provincial Sportsmanship Pin!**

Nominees should exhibit behaviours from *more than one* of the three categories below.

- Creating a Positive Environment**
 - Cheer in a way that set a positive climate for ALL
 - Encourage ALL athletes both on your team AND outside of your team
- Respectful Behaviour**
 - Individual respected the competition and their opponents
 - Treated officials with respect and integrity throughout ALL competition
- Exhibiting Positive Self Control**
 - Regulate emotions in stressful situations and consistently exhibited appropriate behavior
 - Individual executed their role with integrity

*You will be asked to provide evidence for each of the areas that you are selecting to indicate how the nominee "set the bar" for others, including what sets them apart.

SET THE BAR  



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SPECTATOR INFORMATION

ADMISSION

Tickets will be for sale **AT THE DOOR**. Tickets purchased at the door will be **CASH ONLY**.

Adults - \$10.00 - two day pass \$7.00/one day pass
Children under 5 - Free

PARKING & DROP OFF

Spectators, Coaches, Advisors and Judges Parking

Throughout the event, parking at the school will be limited. The main parking lot on the southside of the building is available.

Entrances

Please use the athletics entrance at the South West doors of the school. There is a sign posted on the sidewalk south of the building. The spectator gate will be in the athletics foyer.

CONCESSION

*** Concession will accept cash, debit and credit. There is also an ATM on site. ***



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EMERGENCY ACTION PLAN

ASAA WRESTLING PROVINCIALS 2024

Charge Person: Andrea Hanssen (Head Athletic Therapist) Or Therapist at field
Call Person: Athletic Therapist or Team Coach

Control Person: Athletic Therapist or Team Coach

Additional Staff: Athletic therapy team

Emergency Number: Call 9-1-1 and notify Head Athletic Therapist (780-709-1509)

Location: McNally High school

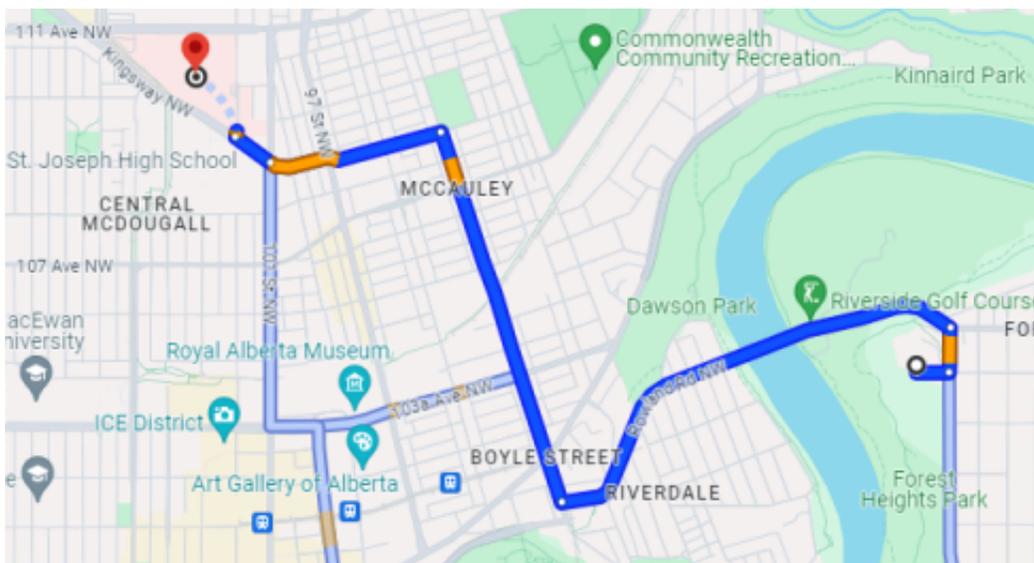
Access: Ambulance access from the main entrance on the South side of the school. **Address:** 8440 105 Ave

NEAREST EMERGENCY SERVICES AND HOSPITAL (see maps below)

- East Edmonton Health Centre: 7910 112 Ave NW, Edmonton, AB T5B 0C2 •
- Royal Alexandra Hospital 10240 Kingsway NW, Edmonton, AB T5H 3V9

ATHLETIC THERAPY ONSITE: Activa Sports Therapy will be providing Athletic Therapy services for emergency care only. If an urgent injury situation arises notify a staff member of Activa Sports Therapy. They will provide immediate onsite care for emergencies and acute injuries as a first priority. Taping and rehabilitation services will not be provided.

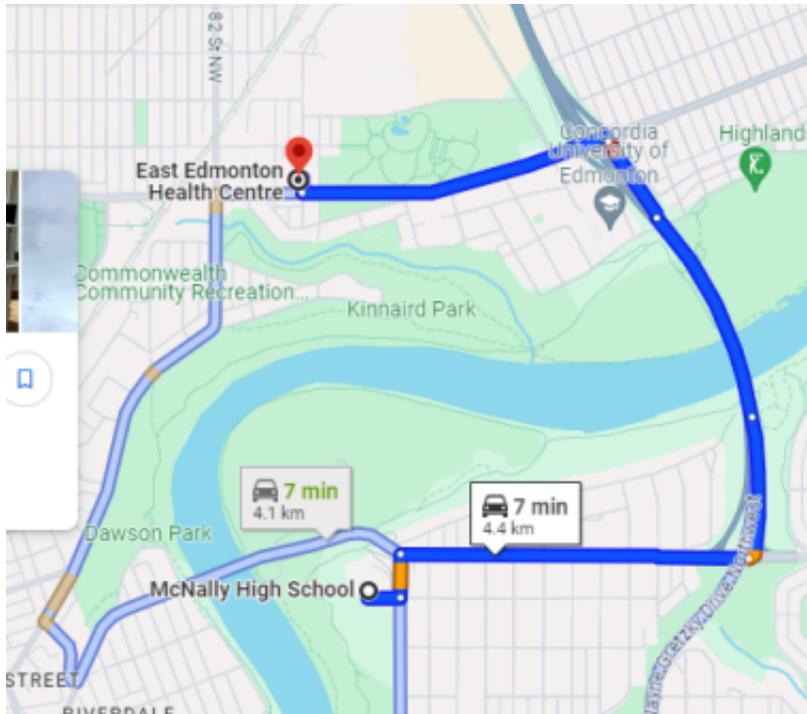
ROYAL ALEXANDRA HOSPITAL 10240 KINGSWAY NW, EDMONTON, AB



EAST EDMONTON HEALTH CENTRE: 7910 112 Ave NW, Edmonton

Friday 5–10:30 p.m.

Saturday 3–10:30 p.m



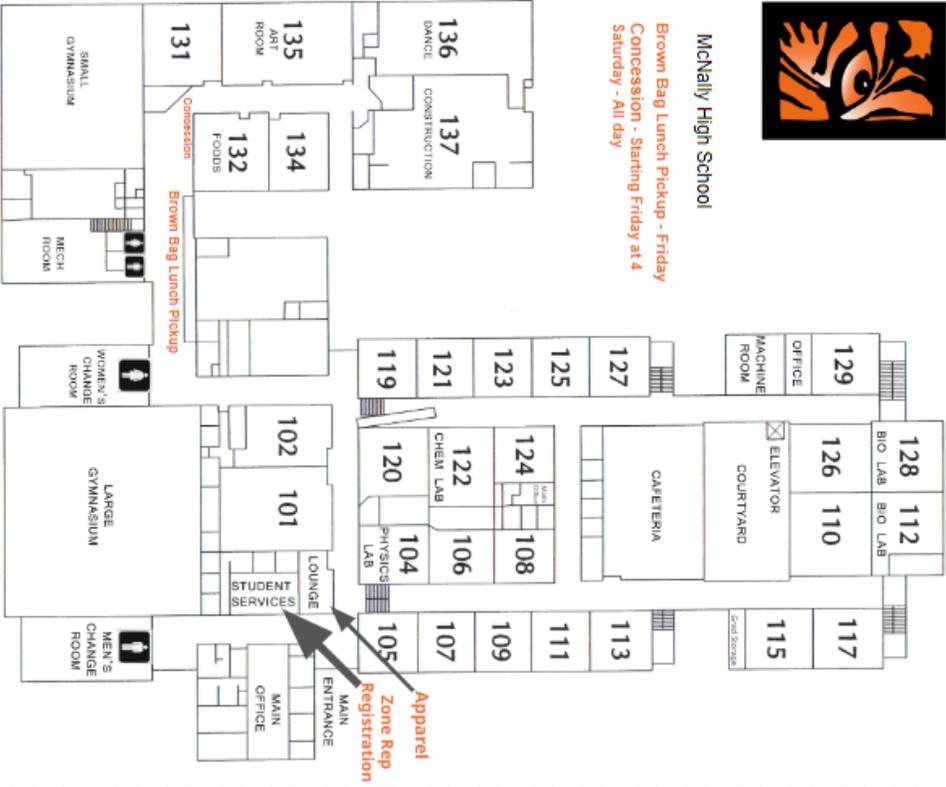
MAPS OF THE HOST LOCATION



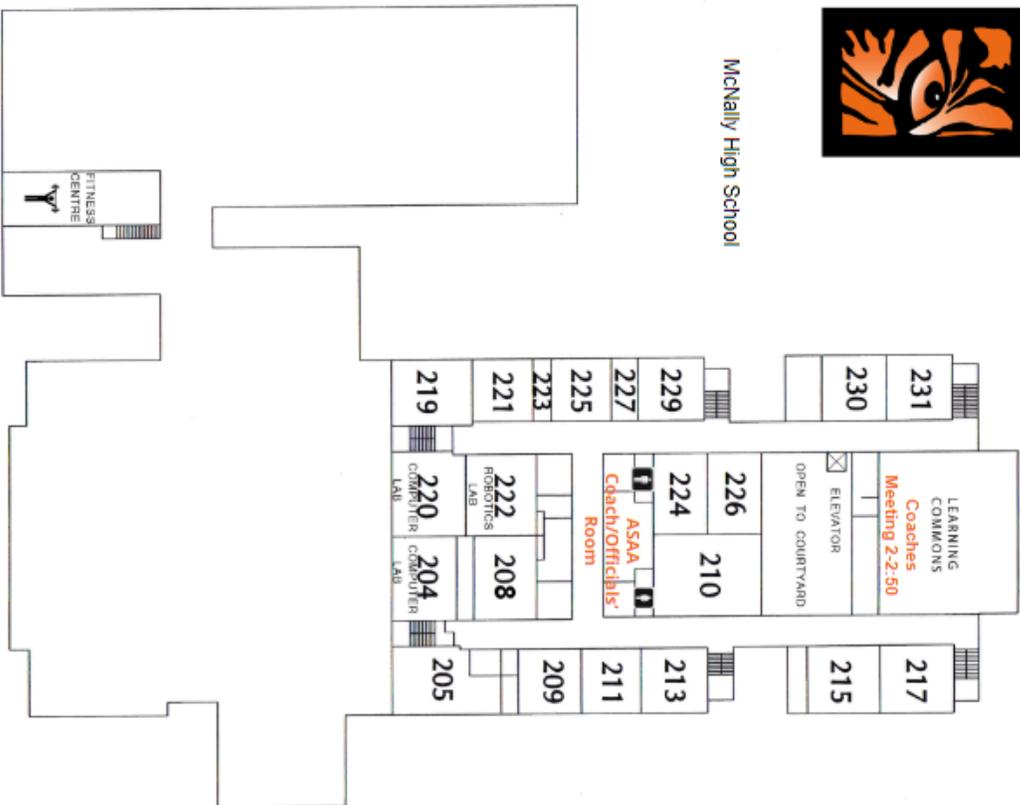


McNally High School

Brown Bag Lunch Pickup - Friday
Concession - Starting Friday at 4
Saturday - All day



McNally High School



Coaches & Officials Room:

A hospitality room (Staff Rm D208) will be available to coaches and officials throughout the tournament.

First Aid and Athletic Therapy:

Teams must bring their own medical supplies and plan to do their own taping. Ice will be provided. Athletic therapists will be present at each mat. An AED is located south of the Large Gym in the Athletics Foyer.

Concession:

A concession will be available during the tournament and will be located by the North Gym.

Parking:

Classes will be in session on Friday March 8th, parking will be limited on Friday. On Saturday there will be more parking available south of the school.



Partners



Official Suppliers

