

ASAA RURAL PROVINCIAL WRESTLING INFO PACKAGE

February 23 – 24, 2024



Stirling, Alberta

Welcome to the 2024 ASAA High School Rural Wrestling Championship!!

Welcome to Stirling! We are thrilled to be hosting the 2024 Rural Wrestling Championships. Wrestling has **exploded** in our tiny village over the past few years. Our fans are excited to welcome and cheer on the best of the best in rural wrestling, **that's you!** Here in Stirling, we have a motto: We are never the same wrestler twice. We hope this championship provides a unique experience that will leave a lasting impression on wrestlers, coaches, and fans alike. I am looking forward to a weekend of edge of your seat excitement and can't wait to get started! Whether you are an athlete, coach, parent, family member, support staff or just a fan of wrestling welcome to Stirling! **Let's Wrestle!**

- Coach Drew Walters (Stirling Wrestling)



Location & Contact Information

Championship Tournament

Stirling School
426 3 St
Stirling, AB T0K 2E0
Phone (403) 756-3355



Athlete Luncheon

Stirling Church of the Latter-Day Saints
Cultural Hall
(Across from the school)

Contact Information

Chairperson - Cheryl Zumbach
Ac.zum@hotmail.com
Cell: 519-216-2687

Asst. Chairperson – Jim Seely
Jimseely1@gmail.com
Cell: 403-795-5467

Assistant – Brooke Nixon
Brooke.a.torgerson@gmail.com
Cell: 403-741-2519

School Contact – Joey Lutz (Athletic Director)
Joey.lutz@westwind.ab.ca

Tournament Website

<https://www.asaa.ca/championships/site/2024-asaa-wrestling-provincials>

Schedule

Monday, February 20th, 2024

Registration deadline – all registrations must be received by NOON.

Friday February 23rd, 2024

10:00am – 11:00 am Registration Check in – Main Foyer

10:30am – 12:00 pm Medical (Skin Check) and Weigh in – Theatre Room

*Note: a wrestler failing to make weight may move up to the next category. A fee of \$10 will be charged.

11:30am – 1:00 pm Lunch will be served to the registered athletes and coaches in the banquet hall at the LDS church across the street from the school.

1:00 – 1:50 pm Coaches meeting – Library

2:00 pm – 2:40 pm Opening Ceremonies in the Gym

2:40 – 3:00 pm Warm up (Warm up mat will remain available in the theatre room from 2:00 pm – 9:00 pm) *will start sooner if ceremonies finish earlier*

4:00 pm – 9:00 pm Wrestling Preliminary Round (Last match will be called approx. 8:40pm)

Saturday February 24th, 2024

9:00 am – 12:00 pm Complete Preliminary Round

12:00pm – 12:30 pm 5/6 then Cross Overs

12:30 pm – 1:00 pm Lunch Break

1:00 pm – 2:00 pm Bronze Medal Matches

2:00pm-2:15pm Introduction to Finalists

2:15pm – 2:30pm Gold Medal matches

2:30pm – 4:00 pm Medal Presentations & Team Awards

Presentations will proceed at the conclusion of all Gold Matches

Pictures for the individual & team winners will be taken in the Gym.

Please note: Team Trophy Award winners from 2022-23 must send these plaques to Mr. Joey Lutz at Stirling School, to be received two full weeks prior to the Rural Provincial Championships.

Registration & Fee Information

All entry forms must be received no later than 12:00 (noon) on Monday February 19th, 2024, from the rural teams (entry forms are available to download on the tournament website).

Competitors must be placed in the correct weight class. It is the responsibility of each teams coach/school's athletic director to ensure the entries are submitted by the deadline.

Athlete fee: \$52.00 per wrestler (Includes Loonie Fee for ASAA Pay it Forward Scholarship)

Coaches fee: \$20.00 per coach

Support Staff (Bus Driver, Manager, Athletic Therapist): \$12.00 -> *gives them an access band for the tournament and a voucher for the concession (Limit 3 per team) - Optional.*

Each registered coach will receive a wristband that gives them access to the Coaches & Official Hospitality Room. This room will be stocked with food and beverages for Friday and Saturday.

Please do not feed athletes or non-registered coaches and support staff from the hospitality room.

Payment for all competitors must be made by Friday February 23, prior to weigh in. One Cheque from each school to be accepted. Cheques should be payable to Stirling School.

Individuals Failing to Show: As per ASAA policy, in wrestling, participating schools will submit a cheque for all athletes confirmed by the entry deadline. In the event an athlete(s) fail(s) to show, the offending athlete's school will be penalized an additional \$50 per no show, to a maximum of \$250 per school. The Executive will have the discretion to impose the penalty based on the rationale provided by the school for the late withdrawal.

General Information

Team Rooms/Change Rooms/Shower Facilities

Individual Team Rooms are not available.

Shower facilities and change rooms will be available for use at Stirling School. Please note that the Westwind School Division is not responsible for lost or stolen articles.

Please ensure valuables are safely stored.

Coaches & Officials Room

A Hospitality room (set up in the staff room) will be available to coaches and officials throughout the tournament.

First Aid and Athletic Therapy

Teams must bring their own medical supplies and plan to do their own taping. Ice will be provided. Paramedics will be present in the gym, and the equipment room (off the gym) has been designated as the first aid room.

An AED is located on the wall immediately outside the main entrance to the gym.

Teddy Bear Toss

As the Stirling Fire Department is volunteering their medic services, we will be doing a Teddy Bear Toss during the opening ceremony. The Fire Department uses these bears when they attend calls to help soothe children on scene. **All athletes and spectators are invited to bring a teddy bear to participate.**



Live Streaming

We will be live streaming the event through the Stirling School's streaming service. The link will be posted on the ASAA Championship website.

Concession & Food

A concession will be available at Stirling School throughout the tournament. Please see last page for menu and hours.

Closest restaurants/Grocery Store: Streetside Market (Stirling), Subway, Dairy Queen, Burger Baron located in Raymond (15 min away). A1 Pizza. Raymond Mercantile Lots of options available in Lethbridge.

Accommodations

Please refer to the accommodations link on the main web page.

The ASAA partners with Deerfoot Inn and Casino hotels, which include the following hotels in Lethbridge (20 min drive from Stirling): **Group rate is available if using the code RWP**

Best Western Plus Service Inn & Suites
209 41st Street South, Lethbridge, AB, T1J 1Z3
1-403-329-6844
www.bestwesternlethbridge.ca

Holiday Inn Express
217 41 Street South, Lethbridge, AB, T1J 1Z3
1-403-942-5856
www.ihg.com

Parking

No School Classes on Feb 23rd open parking throughout the weekend. Please refer to maps in the appendix.

Clothing & Apparel

A limited supply of T shirts and sweaters will be on sale during the event and pre-orders are encouraged. Details are located on the event website.

Photography

There will be a professional photographer onsite taking action shots. Those will be available for sale via website. Link to the photographer's website will be posted on the ASAA championship site.

Championship Team photos and individual medalist photos will be sent to the teams via email after the tournament.



SPECTATOR INFORMATION

Gate Admission

\$5/Day – Adult

\$3/Day – Student

5 & Under Free

ASAA Spectator Code of Conduct

Spectators, both student and adult, must demonstrate courtesy and good sportsmanship by positive cheers of encouragement for their team, not against the opposing team. This is evidenced by the absence of booing and vulgarities. Spectators must also show proper acceptance of officials' judgment. Artificial noisemakers are not permitted during provincial championship tournaments/events. These noisemakers may include but are not limited to: air horns, cowbells, plastic tube horns, garbage can lids, etc. The provincial championship host shall have the authority to eject from the competition facility individuals who, following a warning, refuse to comply with this requirement. The Executive Committee or its host/designated representative shall have the authority to direct any person to immediately leave any premises or venue hosting any ASAA sanctioned event if that person: 1. exhibits rude or abusive behavior to any other person 2. uses vulgar, obscene or abusive language and/or gestures 3. fails to promptly follow any reasonable direction given to that person by the designated representative of the ASAA



Westwind
SCHOOL DIVISION

Westwind Athletics:
Spectator Code of Conduct

#TeamWestwind
westwind.ab.ca

*Good sportsmanship is an expectation of all.
Remember that this is a game and these are kids.
All participants; players, coaches, and spectators alike, deserve respect, courtesy and consideration.
Respect the officials and their decisions. They provide an essential service.
Applaud all outstanding performances, enjoy the event, and help others do the same.*

Anyone who exhibits disruptive or disrespectful behavior may be asked to leave.

CONCESSION

Hours

Friday February 23rd, 2024: 12:00pm – 8:00pm

Saturday February 24th, 2024: 10:00am – 3:00pm

Menu Items

- Chicken Sandwiches
- Taco in a Bag (Friday only)
- Chicken Ceasar Salad
- Hot Dogs
- Fries
- Poutine
- Pastry
- Fruit
- Drinks
- Electrolyte Drinks
- Coffee
- Frozen Yogurt
- High Protein Snacks

Parking Map

