



## 2022 Alberta Bowl Emergency Action Plan

Facility: Shouldice Athletic Park - Hellard Field

Address: 1515 Home Road NW Calgary, AB T3B 0V8

Emergency Access: Use 13 Ave NW and access field using SW gate from the road (turn right).

Shouldice staff will meet emergency services and unlock gates.

Phone 1: Cell (therapist or timekeeper, will change each game)

Name: \_\_\_\_\_ Phone #:

Phone 2: Shouldice Staff

Phone #: (403) 620-4863

(403) 221-3545

AED: on-field with AT and stored in CBFA trailer at end of day.

### Emergency Personnel

#### Certified Athletic Therapist:

Micah Reim	<u>Phone #:</u> (403) 923-5044
Dave Bertrand	<u>Phone #:</u> (613) 717-3868
Kelsey Creuger-Norgate	<u>Phone #:</u> (780) 201-5133
Cailyn Leeson	<u>Phone #:</u> (403) 472-0895
Ben Lau	<u>Phone #:</u> (403) 477-0623
Nathan Hart	<u>Phone #:</u> (403) 863-7952

#### Alberta Bowl Directors:

Derek Fink	<u>Phone #:</u> (403) 614-1651
Joey Patrician	<u>Phone #:</u> (403) 671-6955

#### Control Person:

Shouldice Staff	<u>Phone #:</u> 403-620-4863
Shouldice Staff #2	<u>Phone #:</u> 403-221-3545

Game officials for crowd control on-field.

Team Representatives: (to be determined prior to each game)

Trainer/Medic:

Head Coach:

Other:



## **Certified Athletic Therapist Schedule**

### **November 25**

1:00 - Micah Reim and Dave Bertrand

4:00 - Kelsey Creuger-Norgate and Cailyn Leeson

7:00 - Kelsey Creuger-Norgate and Cailyn Leeson

### **November 26**

11:00 - Ben Lau and Nathan Hart

2:30 - Ben Lau and Kelsey Creuger-Norgate

6:00 - Kelsey Creuger-Norgate and Cailyn Leeson

## **Emergency Contacts**

Emergency Medical Services: Alberta Health Services

Phone #: 911

Police: Calgary Police Services

Phone #: 911

Fire: Calgary Fire Department

Phone #: 911

Absolute Athletic Therapy:

Dylan Turner

Phone #: (403) 467-3775

Micah Reim

Phone #: (403) 923-5044

Melissa Roth

Phone #: (587) 888-6357

Sport Medicine Physician:

Dr Hafeez Kurji

AT will contact as needed

## **Nearest Hospital**

Hospital: Foothills Hospital

Phone #: (403) 670-1315

Address: 1402 29<sup>th</sup> Street NW Calgary, Alberta

Alternate Hospital: Rockyview Hospital

Phone #: (403) 943-3000

Address: 7007 14<sup>th</sup> St. SW Calgary, Alberta

For youth athletes there is also:

Alberta Children's Hospital

Phone #: (403) 955-7211

Address: 28 Oki Drive NW Calgary, Alberta



## Communication Strategy

- Emergency signals: to be discussed and confirmed by ATs and coaching staff for each game
  - Fist in air: Assistance required
  - Hand on head: EMS required
  - Other:
- Radios may also be used, channel to be confirmed prior to each game (recommend channels 12 through 16 for reduced interference)
- Shouldice Staff will meet EMS and guide to the correct field. Please ensure Shouldice Staff is contacted for every EMS call.

## Medical Supplies Available (check all that are supplied)

<b>Trauma Supplies</b> <input type="checkbox"/> Oxygen <input checked="" type="checkbox"/> Cervical collar <input checked="" type="checkbox"/> Blankets/Towels <input checked="" type="checkbox"/> Airways <input type="checkbox"/> Suction <input checked="" type="checkbox"/> Splints <input checked="" type="checkbox"/> Triangular Bandages	<b>Stretcher</b> <input type="checkbox"/> Scoop <input type="checkbox"/> Straps <input checked="" type="checkbox"/> Backboard <input checked="" type="checkbox"/> Head Immobilizer (Towel rolls and tape)	<b>Modalities</b> <input type="checkbox"/> Ice <input type="checkbox"/> Other cryotherapy (Cryocuff, whirlpool, etc.) <input type="checkbox"/> Moist heat <input type="checkbox"/> Ultrasound <input type="checkbox"/> Stim
<b>Supports</b> <input checked="" type="checkbox"/> Crutches <input type="checkbox"/> Zimmer <input checked="" type="checkbox"/> Slings	<b>Other</b> <input checked="" type="checkbox"/> Water <input checked="" type="checkbox"/> Towels <input checked="" type="checkbox"/> Taping <input checked="" type="checkbox"/> Wound Care	<input checked="" type="checkbox"/> Tensors <input checked="" type="checkbox"/> Biohazard clean up (basic only, all major clean-ups require assistance)